



Hartford HealthCare
St. Vincent's Medical Center

Swim Talk NEWSLETTER



September 2025 Published by the Swim Marathon Committee

The Swim has been a Godsend for us!

We were so behind on our Eversource bill, they were threatening shut off. The income was not matching the bills. We struggled terribly and were so behind. I was ashamed. We had never been behind and never needed to ask for help. But with Garrett not able to work consistently, we struggled to meet our financial needs. It was enlightening and humbling to be on that side of the table.

Thank you to the Swim Across the Sound, we received financial assistance with our utility bill. We were able to figure out the rest of our budget and not fall terribly far behind, as we were in the beginning. Now we can meet our bills because Swim Across the Sound gave us that boost. Bless you all. Swim has been a Godsend for us. With the Swim, kindness, dignity, and humanity are all in play.

To show our gratitude, Garrett and I attended the Swim Across the Sound event at Captains Cove on August 2, 2025.





I painted faces for the Swim because I wanted to give back something that would help bring joy. I am an artist, and I also paint faces at kids' events. It's what I have to give. I was honored to be allowed to give a little something to others. I hope we can attend the Swim every year and I can continue to paint faces for the kids!

I have known all along that Swim Across the Sound is a well thought out and lovely organization but seeing the people coming out of the water and being cheered on by those on the dock was just jaw dropping. I admit - tears were shed. Seeing people swimming for family, for friends, for strangers. Doctors and medical professionals swimming for their patients, what a remarkably beautiful thing! It is a poignant event and a perfect example of humans being human to each other. Just perfect.

Thank you Swim. A MILLION TIMES...THANK YOU. Whatever we can do for you, please let us know.

Thank you. We remain humbled by your generosity.

Cari Jansen & Garrett Sands

Cari & Garrett are also the proud owners of Spruce Ledge Tree Farm. A great place to get your Christmas tree this year. They also have a gift shop featuring items for sale from about 35 local artists and creators. You can visit the farm at:

Spruce Ledge Tree Farm
574 Winthrop Rd
Deep River, CT 06417

<https://www.facebook.com/spruceledgetreefarmdeepriver>

SAVE THE DATE



**for the 2026
Swim Across the Sound
August 1, 2026**

To learn more or to donate to support cancer patients, visit:

<https://giving.stvincents.org/swim-marathon/>

Hartford HealthCare 
St. Vincent's Medical Center

**A NIGHT
OF MUSIC**

Sponsored by:
Town Fair Tire Foundation

In Memory of:
Keith Lebo and Jimmy DeSantie

Presented by:
The Sabia and Lebo Families

November 15, 2025 | 6:30-10 PM

Join us for a great Night of Music featuring two of the top bands in our area: The Heavy Hitters and Hazzard County.

Every dollar raised at this event will go directly to helping local cancer patients in the Greater Bridgeport area cover their living expenses regardless of where they receive treatment. Your participation makes a real difference in their lives.

For more information, visit:

<https://giving.stvincents.org/event/a-night-of-music/>

**\$50 General Admission ticket or
\$150 VIP ticket which includes open bar & appetizers**

**For more information,
contact:
475-210-7308**

Location:
Fairfield Theater Company
70 Sanford Street | Fairfield

***Thank you to the generosity of our
2025 Corporate Sponsors***



TOWN FAIR TIRE FOUNDATION, INC.



Save the date for the 2026 Swim Across the Sound being held on August 1, 2026!!

St. Vincent's Medical Center | Philanthropy Department
2800 Main Street | Bridgeport, CT 06606

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