



Hartford HealthCare
St. Vincent's Medical Center

Swim Talk NEWSLETTER



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Raising Money to Fight Cancer and Pursue a Personal Challenge



This summer, I am excited to be swimming across Long Island Sound, solo, for the second time. Not only is Swim Across the Sound a wonderful event that helps countless people who are being affected by cancer – it's also a lot of fun!

This is my third year participating in the event. I am swimming again in hopes of raising a lot of money to fight cancer and to pursue a personal challenge.

I have been swimming for about 12 years. I have always loved the sport and the water itself. Open water is my favorite type of swimming, and the 15.5 miles of this swim are a physical and mental challenge that I am ready

and eager to confront once again. The fact that I can contribute to an important cause, while challenging myself in an activity that is such a key part of my life, is amazingly rewarding to me.

Like so many others, my family has been impacted by cancer. Right now, my grandfather is battling multiple myeloma. As someone with a family member facing the hardships of a cancer diagnosis. I know firsthand what a privilege it is to have the ability to help those who need our support and all that Swim Across the Sound has to offer.



To support Joey with a donation toward his fundraising total, please visit:
<https://charity.pledgeit.org/f/fvPf3hfNux>



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Swim Across the Sound August 3, 2024

We are still in need of Boat Captains to sign up to support the swimmers as they make the journey from Port Jefferson to Black Rock Harbor. If you, or someone you know, has a sail boat or motor boat, please help by registering today!

[Click Here to Register](#)

HOW ELSE CAN I PARTICIPATE?

There are several ways you can help Swim Across the Sound raise money to support cancer patients in our community. Here are just a few:

- Donate toward a swimmer or make a general donation by visiting:
<https://charity.pledgeit.org/SwimAcrossTheSound>
- Participate virtually in an activity of your choice. Register and set your own fundraising goals at: <https://charity.pledgeit.org/VirtualChallenge24>
- Volunteer as a boat captain, medical support or on-land. Volunteers make the difference in helping us keep our swimmers safe as they cross Long Island Sound: <https://swimacrossthesound.org/marathon2024>

For more information about how you can help, please call 203-576-5451

Sponsor Spotlight Recognizes



Thank you so much to our partners at **Weather Routing Inc.** for all they do to support Swim Across the Sound! To learn more about their **SeaWeather Service** which includes real-time data, forecast charts, and more please [CLICK HERE](#) for their information flyer.

New to their service this year is a SeaWeather Mobile App which lets you track weather in the palm of your hand. Learn more about the app and how you can download it: [CLICK HERE](#).

David Cannon, Director of Yacht Operations/Meteorologist Racing/Tournament Specialist at Weather Routing Inc. wants to share a special message with you: "Weather Routing Inc. (WRI) is excited to be providing support and daily weather forecasts once again for this year's Annual Swim Marathon. We at WRI want to thank the event volunteers for the opportunity and want to send along our best wishes to all of the participating swimmers in the upcoming event."

Our sincerest gratitude goes to David and the entire **WRI** Team for all they do to help us plan and stay safe during the Swim Marathon!

Thank you to the generosity of our Corporate Sponsors.



We look forward to seeing you August 3rd!

St. Vincent's Medical Center | Philanthropy Department
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